



## POST-OPERATIVE INSTRUCTIONS

Animal Friends  
Of Washington County  
Spay / Neuter & Wellness Clinic  
3901 Hwy 36 North  
Brenham, Texas 77833



Your dog or cat has undergone general anesthesia and a surgical procedure. For the safety and well-being of you and your animal, please follow these post-operative instructions carefully.

**Restrict your animal's activity for the next 10 - 14 days. Do not allow running or jumping**

**Dogs and cats must be kept indoors after surgery for the next 10 – 14 days.**

This will enable you to carefully monitor recovery and will prevent complications and possible death from exposure to outdoor temperature extremes.

### Food and Water

As when any anesthesia is used, stomach upset can occur. To avoid stomach upset, we recommend that you restrict the amount of food and water your dog or cat has access to during the first 3 hours at home after surgery. You can provide ice cubes to lick or chew on during this time. You can offer a small amount of food and water after three hours and gradually increase the amounts over the next 24 hours.

**Do not allow your animal to lick / chew at the incision site.**

If licking or chewing becomes a problem, an E-collar can be used to prevent the animal from being able to reach the incision. E-collars can be purchased here at the clinic and at most pet stores and are **non-refundable**.

**Check the incision site at least twice daily until healed.**

A small amount of blood seepage is normal immediately after surgery. Should you notice any continued drainage or swelling, contact the clinic or after-hour emergency telephone number listed below. If the incision should become dirty, gently clean the area with a cotton ball and lukewarm water.

\* Spays & Neuters have Internal sutures that are dissolvable and do not require removal.

\* When *external* sutures are used, when/if so, you will be instructed and need to return in 10-14 days for removal.

**You must not allow your dog or cat to get wet for at least 10 days after surgery.**

This means no bathing, swimming or rainy weather exposure for at least 2 weeks after surgery.

**\* Your animal was given pain medication at the time of surgery. Additional pain medication might be sent home with you today with instructions.**

**DO NOT GIVE ASPIRIN OR TYLENOL TO DOGS AND CATS FOR PAIN RELIEF UNLESS SPECIFICALLY PRESCRIBED BY YOUR VETERINARIAN. TYLENOL IS TOXIC TO ANIMALS AND ASPIRIN CAN BE DEADLY AFTER SURGERY.**

*Animal Friends does not expect any complications, when the aftercare instructions noted above are followed. We offer a free follow-up exam within two weeks after your animal's surgical procedure in case any complications occur with the incision area itself.*

### **Emergency Information :**

In the case of an Emergency please contact a Full Service Veterinarian clinic, as Animal Friends does not assist in Emergency cases. We only offer an after hour consultation line you may call for assistance. This is how we are able to provide low cost for our clients. Sorry for any inconveniences this may cause.

During business hours

**(979) 277- 0400**

Business Hours

7:00 am – 5:00 pm

1<sup>st</sup> week

Wednesday – Saturday

2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> wk

Tuesday - Friday

After hours technician

**(979) 451- 3112**